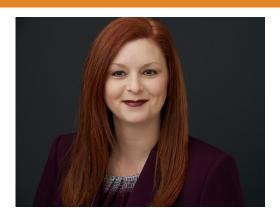


Spring Newsletter 2024



A Message from the President

Hello Christina.

Happy Spring to all! The MAHEF leadership is ready to shed our winter loads and take off with exciting new programs and activities this spring.

Our first, soft-launch, cohort of our mentorship program is underway. We have a great foundation and some excellent leaders sharing their insight and advice with our future industry leaders. In April, we will have our quarterly new member orientation, where we will discuss each of our committees in depth, explore the activities of each and define opportunities to get more involved with the Chapter and ACHE. If you are not a new member, but would like to attend one of our virtual orientations, please send me an email and I will share the invite with you.

Also, in April, we will have our first education session of the year. We will be at Alton Memorial Hospital on April 26th, and attendees can receive up to 6 In person Education Hours for participating. We will have vendor tables from our sponsors. Electromek Diagnostic Systems is our title sponsor and EA Medical is our luncheon sponsor. We appreciate BJC-Alton Memorial Hospital for being our host and breakfast sponsor for the day! All of this is available to MAHEF members for FREE, thanks to our sponsors.

Have you been considering advancing your professional career and adding the prestigious Fellow credentials to your name? The Board of Governors Exam fee is being waived for candidates who submit an FACHE application between March 1 and June 30, once their application is approved. To learn more visit ache.org/FACHE.

QUICK LINKS MAHEF Website ACHE Website

ACHE Job Center
Career Resource Center

IN THIS EDITION

A Message from the President
Chapter Leaders
Welcome New Members!
New & Recertified Fellows
Congratulations to our Members!
Upcoming Event - Alton, IL
Featured Articles - Gender Disparity
Coffee with the C-Suite
ACHE National News

CHAPTER LEADERS

Regent - Central & Southern Illinois

Lexie Schwartz, FACHE, MBA, MS, RD)

Email Me

President

Christina Carney, MBA, FACHE 618-922-1771
Email Me

President-Elect

Tammy Tiller-Hewitt, MHA, FACHE
Email Me

Treasurer Seth Barlage, MHA

Email Me

Secretary

Alli Goldasich, MHA, PMP 217-371-3079 Email Me Did you attend Congress? For those that did, I hope had a wonderful experience. Did you hear the news, Congress is Moving in 2025! The 2025 Congress on Healthcare Leadership will be held March 24-27 at the George R. Brown Convention Center in Houston. We are looking forward to a new venue that is optimal for learning, easy to navigate and provides the community feel for which Congress is known. Mark your calendars now!

Did you renew your ACHE membership for 2024? If your membership dues are not received by April 1, 2024, your membership will lapse. Act today to keep your membership current! Visit ache.org to renew or enroll in Dues Auto Renewal.

We hope to see you at an upcoming MAHEF event. Thank you for your continued dedication and support to our industry and your community as a leader in health care!

Sincerely,

Christina G. Carney, MBA, FACHE

MAHEF Chapter President

CONGRATULATIONS

Join Our Committees and

Shape the Future

Membership Committee

Sponsorship Committee

DEI Committee

Together!

New & Recertified Fellows

Earl Ned Hill, Jr., FACHE Danville

Zachary M. Yoder, MHA, BSN, RN, FACHE O'Fallon

> Robert Holloway, FACHE Urbana

Matthew Fry, DHA, MBA, FACHE Springfield

WELCOME

New Members

Julie Aman Fairfield

COL Jayson Coble, DMSc, PA-C Lincoln

Justin R. Cox Highland

Deidra S. Dace-Murkey, MSN, RN Shiloh

> Jasmine Jerelds, BSN Belleville

> Rachel Kraynak, MHA Springfield

> > Aryn Hunter Alton

Maribeth Keeven MillstadtlL

1SG Abina Riley, MSHSSmithton

Scott Boeren, RN, BSN Highland Please Continue to Support Student Scholarships Here

Congratulations to Our Members!



Becker's Healthcare: 110 rural hospital and health system
CEOs to know | 2024

William Davis
CEO of Crossroad
Community Hospital (Mount Vernon, III.).



Congratulations on your retirement!

Theresa Rutherford, RN, MSN, MBA, FACHE, HSHS St. Mary's Hospital President and Chief Executive Officer, has announced her plans to retire from HSHS this spring. Her last day will be April 1, 2024. Rutherford will retire with over 45 years of experience in healthcare.



Congratulations on announcing your retirement!

Memorial Health president and chief executive officer Ed Curtis, FACHE will be stepping down next year. A Springfield native, Curtis spent his entire career with the health system, starting out as a register nurse at Springfield Memorial Hospital, then known as Memorial Medical Center, in 1975.



Congratulations on your new position!



Congratulations on your promotion!

Katie Armstrong (MHA, MHI, R.T. (R)(T)(ARRT), has



Congratulations on your new position!

Alli Goldasich, MHA started a new position as Manager, Clinical Operations at Kevin England, FACHE who currently serves as senior vice president and chief administrative officer, will become CEO and president absorbed the Nucle Medicine, PET/CT, Theranostics, Myoc Perfusion Imaging, Radionuclide depart

of Memorial Health in July.

absorbed the Nuclear Theranostics, Myocardial Perfusion Imaging, and Radionuclide departments at SSM Health Saint Louis University Hospital. Katie currently oversees The Center for Radiation Medicine, Interventional Radiology, Breast Imaging Center, PACS, and business analytics for all imaging modalities. Inside the new SSM Health Saint Louis University Hospital, SLUCare nuclear medicine physicians use state-of-the-art PET and CT scanners to detect and treat diseases. They are one of the only all-digital nuclear medicine divisions in the region. These digital imaging tools not only provide accurate guidance for physicians, they also deliver a superior patient experience. Katie looks forward in working with their chair, Dr. Medhat Osman to expand their Theranostics services.

Memorial Care on Koke Mill.

If you have an exciting announcement in your career or life, please share to midamerica.ache@gmail.com to be featured!

RSVP HERE

MID-AMERICA HEALTHCARE EXECUTIVES FORUM

EDUCATION SERIES

As the local chapter committee for the American College of

to our upcoming event at Alton Memorial Hospital on Friday, April 26, 2024. Thank you to our sponsors **Electromek Dlagnostic Systems** and **EA Medical!**

6 CREDITS IN-PERSON

ELECTROMEK
DIAGNOSTIC SYSTEMS

E_{A MEDICAL}

QUESTIONS? CONTACT US

midamerica.ache@gmail.com

AGENDA

April 26, 2024

Alton Memorial Hospital

One Memorial Dr., Alton, IL 62002

08:30 - 08:45 BREAKFAST (provided)

08:45 - 09:00 WELCOMING REMARKS

Morning Session

09:00 - 10:30 Managing for Morale - Effective Management Techniques to Retain Your Staff

Moderator: Seth Barlage

Panelists: Amanda Mueller, Mark Albert Sr., Burl Stamp

10:30 - 10:45 BREAK

10:45 - 12:15 Ethical Challenges in Healthcare Leadership

Moderator: Dr. Shelly Johnson

Panelists: Kwamane Liddell, Andrew Buffenbarger, Jake Gower

12:15 - 01:00 LUNCH (provided)

Afternoon Session

01:00 - 02:30 Marketing and Money: Linking New Products, Services and ROI

Moderator: Christina Carney

Panelists: Thomas Tiller, Sarah Kinkade

02:30 - 02:45 BREAK

02:45 - 04:15 Improving the Bottom Line by Optimizing Patient Throughput

Moderator: John Ziegler

Panelists: Hannah Shufeldt, Chuck Callahan, Dr. Vinil Bhuma

04:15 - 04:30 Closing Remarks



Championing Gender Parity in Healthcare Leadership

March is a time to celebrate the incredible contributions of women in all fields, including healthcare. While the industry boasts a strong female workforce, gender parity in leadership positions remains a challenge.

Why Does Gender Parity Matter?

Research suggests that diverse leadership teams lead to better decision-making, improved patient outcomes, and enhanced innovation. By fostering a culture that supports and empowers women, healthcare organizations can unlock their full potential and ensure all voices are heard at the table.

Taking Action

Here are some steps healthcare leaders can take to champion gender parity:

- Mentorship and Sponsorship: Provide opportunities for senior women to mentor and sponsor high-potential female colleagues.
- Unconscious Bias Training: Offer training to identify and address unconscious bias in promotion and leadership selection processes.
- Work-Life Balance Initiatives: Implement flexible work arrangements and childcare support programs to remove barriers to advancement for women.
- Transparent Career Paths: Clearly outline career development paths and provide equal access to leadership training programs for all genders.

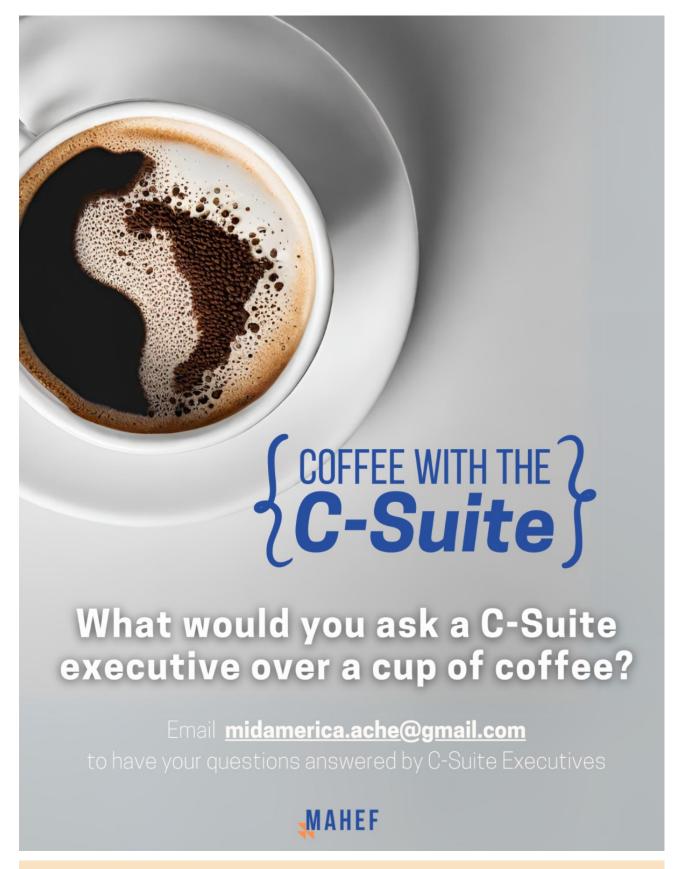
Together, we can build a healthcare industry where talent thrives regardless of gender.

Other Links:

Top female leaders in healthcare in 2023

McKinsey Report - Women in the healthcare industry

TED talk in regards to "too few women in leadership"



ACHE National News

You Asked, We Answered—3 Easy Payments

We are excited to announce another convenient way for members to keep up with their dues payments. In addition to auto-renewal of full dues, we are now offering the opportunity to pay ACHE dues in three installments.

After you make your first installment, ACHE will email you in advance of the second and third payments before credit/debit cards are charged. Additionally, once you sign up for the installment payment plan, your membership will automatically renew each year under the plan. ACHE will continue to keep you informed before processing future payments.

If you have any questions about the installment payment plan, contact ACHE's Customer Service Center at contact@ache.org or call (312) 424-9400, Monday through Friday, from 8 a.m. to 5 p.m. Central time.

Mid-America Healthcare Executives' Forum | http://mahef.ache.org/ (217) 917-0887 PO Box 3988 Carbondale, IL 62901



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