



JESSICA CATALDO, MPH

CLINICAL
INSTRUCTOR,
SOUTHERN ILLINOIS
UNIVERSITY

FAVORITE QUOTE

"It is never too late to be what
you might have been."

— George Eliot

BOOK RECOMMENDATION

Cataldo recommends if you ever
need a motivational boost, *Grit:
The Power of Passion and
Perseverance* is a good read. If
you like suspense novels, anything
by Gillian Flynn is excellent.

EDUCATION

Master of Public Health, University
of Illinois at Chicago, May 2014

MAHEF

Member Spotlight

Jessica Cataldo has been a member of MAHEF since 2018. Currently, she is a Clinical Instructor at Southern Illinois University Carbondale; she teaches in the undergraduate Healthcare Management program as well as coordinates the internships on behalf of the program. Cataldo joined MAHEF to network with local healthcare professionals in hopes of expanding opportunities for Healthcare Management students at Southern Illinois University.

When asked where she finds fulfillment in her role, she responded, "I most enjoy working with students to transition from student to professional." Testimonials from her students agree Cataldo is a very engaged and excellent professor who is driven to see her students succeed.

Prior to Cataldo moving into a role in academia, she worked in various quality improvement roles across different settings, including primary care, inpatient psychiatry, and hemophilia/thrombosis care. She has always found it rewarding to work with clinical staff to make meaningful changes to their experience as well as the patient's experience.

Cataldo expressed the ability to help patients and their families through what is often the most difficult of times and the variability that comes along with that mission is what attracted her to the healthcare field. Additionally, the most important lesson she has learned is to never stop learning. She shares, "With healthcare's rapid change and the uniqueness every patient brings, there are always opportunities for growth, development, and improvement."